



Long Holiday Box

Each Lovepac is designed to help feed **1 Student a breakfast, a lunch, and a snack** for each of day of the week long holiday. The following items are to be included in each Lovepacs Box. A student will receive two of these boxes for Christmas.

Please do not vary from this list as equity is important.

Please do not seal the box as other items will be added prior to delivery.

<u>Item</u>	<u>Quantity</u>	<u>Size</u>
Cereal box	1	10-16 Serving Size
Vegetables	9	15 oz
Fruit (variety of cans)	2	15 oz
Chicken and/or Tuna cans	3	5 oz
Peanut Butter jar	1	16-18 oz
Jelly (Plastic jar/bottle)	1	20-22 oz
Chef-Boyardee type canned item (ravioli, spaghetti, etc)	2	15 oz
Campbells' type Chunk Soup (any variety, not cream soups)	3	18.8 oz
Apple Sauce (individual)	6	3 - 4 oz
Ramen Noodles	4	Individual Packets
Easy Mac	2	Individual Packets
Granola Bars	4	Individual Bars
Instant Oatmeal	4	Individual Packets
Poptart	2	Packets
Individual Snacks	9	1 - 1.5 oz
"Have a great Holiday" or "You are loved!" card - handmade is great!!! (Cards need to refrain from religious content)		

**** Helpful hints for packing:**

- Place heavier items in bottom of box as to not crush lighter items.
- Place cans on their side to stack

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Thank you for serving with us!!!